# MCO 1500.54A

# MARINE CORPS MARTIAL ARTS PROGRAM (MCMAP)



Signed 16 Dec 02 EDWARD HANLON, JR. By direction

#### MARINE CORPS ORDER 1500.54A

From: Commandant of the Marine Corps

To: Distribution List

Subj: MARINE CORPS MARTIAL ARTS PROGRAM (Short Title: MCMAP)

Ref: (a) MCO 3500.27, Operational Risk Management

- (b) Martial Arts Center of Excellence (MACE) website, https://WWW.TBS.USMC.MIL/PAGES/MARTIAL\_ARTS
- (c) MCO P1020.34F, Marine Corps Uniform Regulations
- (d) MCO 1510.122A, Individual Training Standards for the Marine Corps Martial Arts Program (MCMAP)
- (e) MCO P1080.40A, Marine Corps Total Force System
  Personnel Reporting Instructions Manual (MCTFSPRIM)
- (f) MCO P1700.29, Marine Corps Semper Fit Program Manual
- (g) MCO P1070.12, Marine Corps Individual Records Administration Manual (IRAM)
- Encl: (1) Performance Evaluations and Promotions in the Belt Ranking Achievement System
  - (2) Guidelines for the completion of an Elements of Martial Culture Analysis
  - (3) Guidelines for the completion of a Unit Training Integration Plan
  - (4) Example Request for Promotion to Black Belt Fourth Degree
  - (5) Example Request for Promotion to Black Belt Fifth and Sixth Degree
  - (6) NAVMC 11432 Instructors Course Record
- 1. <u>Purpose</u>. This order establishes policies, procedures, and standards for effective management, operation, and maintenance of the Marine Corps Martial Arts Program (MCMAP).
- 2. Cancellation. MCO 1500.54.
- 3. <u>Background</u>. MCMAP is an integrated martial art designed for and executed by all Marines throughout their careers. MCMAP is a revolutionary step in the development of martial skills for Marines and replaces all other close combat-related systems preceding its introduction. Previously, close combat programs

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emphasized physical skills and empty-handed fighting. As a Commandant of the Marine Corps (CMC) initiative in the summer of 2000, MCMAP addresses the full spectrum of the force continuum of the battlefield and fulfills the need to build Marines with the mental and character traits required to succeed in the future. MCMAP will continue to sustain the transformation from civilian to Marine by capitalizing on the zeal of recruit training and developing the Marine ethos in a progressive manner throughout a Marine's career.

- 4. <u>Summary of Revision</u>. This Order supersedes MCO 1500.54 and should be reviewed in its entirety.
- 5. MCMAP Philosophy. Making America's Marines, winning our nation's battles, and creating quality citizens are the three major goals identified in the Marine Corps Strategy 21's Vision. The MCMAP directly contributes to accomplishing all three of these goals by providing a systematic training regimen for the mental, character, and physical development of Marines.
- a. MCMAP is a synergy of mental, character, and physical disciplines with application across the full spectrum of violence. In concert with proven Marine Corps leadership, rigorous training in these three disciplines enhances the Marine both on and off the battlefield. The mental and character disciplines the bedrock of the program assist greatly in making leaders and citizens imbued with our core values of honor, courage, and commitment, and schooled in the warrior tradition. The physical discipline promotes confidence, competence, and fitness in the individual Marine and cohesion in the unit.
- b. Through the fusion of mental and character disciplines within intensely physical application, a permanent change occurs in a Marine regardless of rank, billet, or time served. MCMAP provides Marines with a motivation and framework starting at entry-level and sustained throughout their careers. The following is a list of components taught at each belt level in MCMAP:
- (1) Mental Discipline Development of the combat mindset and the study of the art of war. Areas include:
- (a) Warrior Studies Guided discussions using individual combat citations with a battlefield close-in fighting perspective. They are designed to give the Marine the ability to compare and contrast aspects of warriors' individual actions with their own experience in the Corps.
  - (b) Martial Culture Studies Guided discussions

highlighting societies and organizations whose primary intent is/was the creation, development, training, and sustainment of warriors. Martial Culture Studies apply to Gray through Black Belt 1st Degree; participation in discussions on martial cultures is mandatory for belt rank advancement. The Martial Culture Study on the Marine Raiders is mandatory for advancement to the Gray Belt rank.

- (c) Combative Behavior Study of the culture of interpersonal violence.
- (d) Professional Military Education (PME) Completing rank appropriate PME.
- (2) Character Discipline The Marine Corps Core Values, honor, courage, and commitment, are the cornerstones of character discipline. MCMAP employs discussions integrating the principles of values, ethics, integrity, and leadership. Character discipline stresses the importance of the Marine's place as a warrior on the battlefield as well as a functional member in society.
- (3) Physical Discipline Development of fighting techniques and battlefield fitness.
- (a) Physical skills Fighting techniques including: battle skill orientation; stance; posture; movement; weapons handling and function; striking; cutting; grappling; restraints and manipulations; and integration of weapons. The training principles of Sustainment and Integration are employed in the application of the physical skills. Accordingly, they pertain to all belt ranks and are a valuable tool for instruction in the physical discipline. Sustainment refers to the repetition of physical techniques from previously held belt levels, to include executing from both the dominant and the weak-side of the body. Sustainment increases proficiency. Each belt rank has mandatory sustainment training that must be accomplished before the Marine can begin training at the next higher belt rank; sustainment hours begin to accrue after the Marine has attained a belt level. Integration refers to the combining of techniques from the current and previous belt levels or the combination of martial arts techniques with Military Occupational Specialty (MOS) skills.
- (b) Combative Fitness Battlefield-oriented conditioning in a simulated combat environment; techniques include: movement on rough ground; approach, close, and engagement of an opponent; and fighting while fatigued.

- 6. <u>Safety Education</u>. MCMAP techniques and the associated combative conditioning that accompanies their application are rigorous and conducted in simulated battlefield conditions. Additionally, many MCMAP drills require Marines to execute techniques while fatigued, further increasing the potential for injury. The ability to safely and professionally conduct lethal techniques in a highly dynamic environment is of the utmost importance.
- a. Accordingly, the tenants of Operational Risk Management (ORM) are employed in all phases to minimize training related injuries per reference (a). Safety parameters are established for all individual and group fighting techniques and are practiced and reinforced by each Martial Arts Instructor (MAI) or Martial Arts Instructor Trainer (MAIT). ORM assessments are continuous and are the responsibility of each instructor providing training. Baseline ORM assessments for all techniques and drills are available at reference (b) and serve as the basis for individual instructor ORM assessments.
- b. All techniques are fault-checked for safety by the Office of the Armed Forces Medical Examiner. At all levels of training, instructors and students must strictly adhere to the use of proper safety equipment and procedures.
- c. MCMAP Safety Terms and Definitions. The following terms and definitions are MCMAP specific:
- (1) "Hands Out" applies during all training. "Hands Out" is a position taken by a contestant who has received a blow that causes him to be/feel incapable of continuing the training/contest. The Marine will hold both hands out horizontally towards his opponent. He will attempt to move away from his opponent. He may announce "stop" at this time.
- (2) "Tap Out" applies during all training. "Tap Out" is an action taken by a Marine who is conceding or has reached the limit of his/her tolerance. The Marine "Tapping Out" will either tap on his opponent, on the mat/ground, and/or announce "stop."
- d. MAIs and MAITs will be trained in safety procedures to include: individual safety; proper use of martial arts training equipment; exercise and drill set-up and execution; and proper medical responses to training mishaps.
- 7. Belt Ranking Achievement System. Each belt grade earned by the individual Marine encompasses aspects of the three disciplines (mental/character/physical), as well as elements of PME. Testing for belt advancement consists of a combined

proficiency and performance test. The proficiency test measures fighting techniques honed in the individual's previously held belt rank(s). The performance test measures skills and knowledge attained in training for the new belt rank. The individual is evaluated in the Physical Discipline of the new belt. The proficiency and performance tests have a minimum passing grade of 90% and 70% respectively. Enclosure (1) details the proficiency and performance tests for each belt level.

- a. Foremost in the grading is the recommendation of the Reporting Senior, the overall performance of the Marine, and the concurrence of the Marines' Commanding Officer. Belt advancement is indicative of increased responsibility. The MCMAP belt system incorporates a building block approach, progressively increasing the difficulty of the techniques while advancing the skill proficiency and leadership abilities of the individual Marine. It is incumbent on both the individual Marine and the chain of command to adhere to the standards detailed in this order.
- b. Tan Belt through Green Belt emphasizes individual combat techniques, both armed and unarmed, and concentrates on building character and developing leadership skills. Brown Belt and Black Belt emphasizes combat techniques against multiple opponents, both unarmed and armed, strengthening character, and expanding and reinforcing leadership skills.
- c. Wear of the Martial Arts belts is governed by reference (c). Reference (d) details the specific training standards for each belt level. The following comprise the MCMAP belt ranking achievement system:
- (1) <u>Tan Belt</u> Basic fundamentals of the mental, character, and physical disciplines; conducted during entry-level training. Character and knowledge required of a basically trained Marine.
  - (a) Prerequisites None.
  - (b) Training hours 27.5.
  - (c) Sustainment hours 7.
- (2) <u>Gray Belt</u> Introduction to intermediate fundamentals of each discipline. Gray Belt is the minimum training goal for all Aviation Combat and Combat Service Support Marines.

- (a) Prerequisites Recommendation of Reporting Senior; complete Tan Belt Sustainment and Integration Training; complete MCI 03.3 Fundamentals of Marine Corps Leadership.
  - (b) Training hours 29.0.
  - (c) Sustainment hours 14.
- (3) <u>Green Belt</u> Intermediate fundamentals of each discipline. Green Belt is the minimum training goal of all non-infantry ground combat arms Marines.
- (a) Prerequisites Recommendation of Reporting Senior; complete Gray Belt Sustainment and Integration Training; Lance Corporal or above; appropriate level PME complete.
  - (b) Training hours 30.0.
  - (c) Sustainment hours 21.
- (4) <u>Brown Belt</u> Introduction to advanced fundamentals of each discipline. Brown Belt is the minimum training goal (rank appropriate) of all infantrymen.
- (a) Prerequisites Recommendation of Reporting Senior; complete Green Belt Sustainment and Integration Training; Corporal or above; appropriate level PME complete. Commanding General, Training and Education Command (CG, TECOM (C 46)) may waive the grade requirement for exceptionally qualified LCpls who possess superior leadership skills and maturity, and hold a Black Belt in a MCMAP approved civilian martial art. A listing of MCMAP approved martial arts is available at reference (b).
  - (b) Training hours 35.0.
  - (c) Sustainment hours 28.
  - (5) Black Belt 1st Degree Advanced fundamentals.
- (a) Prerequisites Recommendation of Reporting Senior; complete Brown Belt Sustainment and Integration Training; Sergeant or above; appropriate level PME complete.
  - (b) Training hours 34.5.
  - (c) Sustainment hours 35.
- (6) <u>Black Belt Second 2nd through 6th Degree</u>. Promotion to the grades of Black Belt 2nd through 6th Degree is conducted

using a different methodology than that applied to Tan through Black Belt 1st Degree. Promotion past Black Belt 1st Degree emphasizes maturity, involvement in unit training, advanced skills, Martial Arts studies, and participation in civilian martial arts.

- (a) <u>Black Belt 2nd Degree</u>. Must complete all requirements in accordance with reference (d). Complete Black Belt 1st Degree Sustainment Training. Additionally, the candidate for Black Belt 2nd Second Degree must submit to the Director, MCMAP an "Elements of Martial Culture Analysis" (EMCA) for review and approval. Guidelines for the completion of an EMCA are contained in enclosure (2). Candidates must have: recommendation of Reporting Senior; attained the rank of Staff Sergeant or above (waiverable one grade by CG, TECOM); appropriate level PME complete; one year experience at Black Belt 1st Degree.
- (b) <u>Black Belt 3rd Degree</u>. Must complete all requirements in accordance with reference (d). Additionally, the candidate must submit to the Director, MCMAP a "Unit Training Integration Plan" (UTIP) for review and approval. Guidelines for the completion of a UTIP are contained in enclosure (3). Candidates must have: recommendation of Reporting Senior; attained the rank of Staff Sergeant, Chief Warrant Officer-2 (CWO-2), Captain or above; appropriate level PME complete; three years experience at Black Belt 2nd Degree.
- (c) <u>Black Belt 4th Degree</u>. Promotion requires the Marine to obtain a Black Belt 1st Degree in a MCMAP approved civilian martial art. Candidates must have: recommendation of Reporting Senior; attained the rank of Gunnery Sergeant, CWO-3 to CWO-5, Major or above; appropriate level PME complete; three years experience at Black Belt 3rd Degree.
- <u>1</u> Submit requests for consideration for promotion to a board convened annually by the Director, MCMAP. Requests for promotion will be made via standard naval letter with enclosures (including certificate/credential of Black Belt 1st Degree Rank) to the Director, MCMAP. The Director, MCMAP will publish guidance concerning the convening of the board and the board's results. An example of a Request for Promotion to Black Belt 4th Degree is contained as enclosure (4) to this order.
- $\underline{2}$  Categories for civilian (MCMAP approved) martial arts are: grappling or throwing arts; striking arts; and weapons arts. The grappling or throwing arts are, but not limited to: Judo, Jujitsu, Sambo, Hap Ki Do, and Ai Ki Do. Striking arts are, but not limited to: Karate, Tae Kwon Do,

Kickboxing, Muay Thai, Kung Fu, and Capoiera. Weapons arts are, but not limited to: Kabudo, Ascrema, Cali, Kendo, and Aiedo.

- (d) <u>Black Belt 5th and 6th Degrees</u>. The Director, MCMAP will convene a board annually to consider Marines for promotion to 5th and 6th Degree. Requests for promotion are made via standard naval letter with enclosures to the Director, MCMAP. The Director, MCMAP will publish guidance announcing the convening of the board and the board's results. An example of a Request for Promotion to 5th/6th Degree Black Belt is contained as enclosure (5) to this order.
- 1 Candidates for Black Belt 5th Degree must have: recommendation of Reporting Senior; attained the rank of Master Sergeant, First Sergeant, CWO-3 to CWO-5, Major or above; a teaching certificate in a MCMAP approved civilian martial art; appropriate level PME complete; and five years experience at Black Belt 4th Degree.
- <u>2</u> Candidates for Black Belt 6th Degree must have: recommendation of Reporting Senior; attained the rank of Master Gunnery Sergeant, Sergeant Major, CWO-4 to CWO-5, Lieutenant Colonel or above; appropriate level PME complete; and five years experience at Black Belt 5th Degree.

#### 8. Responsibilities

#### a. Commanding General, Training and Education Command

- (1) Ensure the Training Input Plan includes Martial Arts Instructor Trainer Courses.
- (2) Provide financial management support for MCMAP budget development and execution.
  - (3) Act as MCMAP program sponsor.
- (4) Sole authority for training and certification/recertification of MAITs.
  - (5) Develop MCMAP equipment requirements.
- (6) Occupational Field Sponsor for the 8551 and 8552 Military Occupational Field specialties.
- b. <u>Commanding Generals, Marine Corps Recruit Depots</u>. Conduct Tan Belt Martial Arts training and qualification for all recruits, and make appropriate entries to the Marine Corps Total

Force System (MCTFS) per reference (e). Include attainment of the Tan Belt as a graduation requirement.

# c. <u>Commanding Officers</u>, <u>Schools of Infantry</u>, <u>Training</u>

- (1) Conduct martial arts sustainment training for entrylevel Marines.
- (2) Conduct scheduled MAI courses to assist local units that do not have the resources or facilities to hold their own MAI courses.

# d. Commanding Officer, The Basic School (CO, TBS), Training Command

- (1) Provide administrative and logistical support to the Director, MCMAP, as required.
- (2) Conduct Tan Belt Martial Arts training and testing for all entry-level officers and make appropriate qualification entries to the MCTFS per reference (d).

# e. <u>Director, Marine Corps Martial Arts Program, Martial Arts</u> Center of Excellence (MACE)

- (1) Responsible for overall development of MCMAP.
- (2) Serve as Officer in Charge of the MACE; lead school for MCMAP.
- (3) Maintain close liaison with operating force unit commanders to ensure training is conducted professionally and in an operationally risk assessed environment.
- (4) Conduct MAIT certification courses at the MACE, Marine Corps Combat Development Command (MCCDC), Quantico, VA.
  - (5) Conduct MAIT Mobile Training Teams (MTTs).
- (6) Ensure proper annotation is made in MCTFS for graduates of MAIT/MAI courses held at the MACE.
- (7) Develop course materials, advanced skills training packages, and special skill training packages to enhance MCMAP, and/or assist the operational forces.
  - (8) Advise CG, TECOM on program waiver requests.

- (9) Conduct local MAIT re-certification courses, advanced skills training courses, periodic oversight training visits, or other training, as required.
- (10) Ensure MAI certification/re-certification course curriculum is maintained, revised, and distributed to current MAITs.
  - (11) Maintain a record of certified MAITs.
  - (12) Ensure quality assurance of MCMAP by:
- (a) Approving all course materials developed by MAITs.
- (b) Maintain a current library for all approved course material for access/distribution.
- (c) Plan for and conduct periodic visits to the Schools of Infantry, MCRDs, Martial Arts Program Far East, and/or other sites.
- (13) Approve, in writing, all MAI courses conducted by MAITs not associated with School of Infantry East, School of Infantry West, MCRD Parris Island, MCRD San Diego, or Martial Arts Program Far East.
- (14) At least bi-annually, conduct 2nd through 6th Degree Black Belt boards to screen and select Marines for promotion to appropriate belt ranks.
- (15) Plan for and conduct Course Content Review Boards (CCRBs) to evaluate the MAIT and MAI Courses.

#### f. Commanders, Marine Forces (COMMARFORs)

- (1) Ensure all martial arts belt certifications/recertifications are in strict compliance with reference (d) and this order.
- (2) Ensure all martial arts instructor certifications are in strict accordance with the CG, TECOM approved Martial Arts Instructor Course Program of Instruction (POI). Units conducting the training courses will report such actions into the MCTFS by unit diary entry per reference (e). Within 10 days of completion of a course, complete and submit enclosure (6) to the Director, MCMAP, Marine Corps Combat Development Command, 24164 Belleau Avenue, Quantico, VA 22134-5019. Enclosure (6) will be available with the next release of Form Flow.

- (3) All units conducting MCMAP training will enter the appropriate code for the belt being promoted to with the date achieved into the MCTFS by unit diary entry per reference (e). A record of all promotions will be maintained locally for evaluation under the Inspector General's (IG) Checklist for a period of two years. The following is a list of codes:
  - (a) MMA UNQUALIFIED
  - (b) MMB TAN BELT
  - (c) MMC GRAY BELT
  - (d) MMD GREEN BELT
  - (e) MME GREEN BELT MARTIAL ARTS INSTRUCTOR
  - (f) MMF BROWN BELT
  - (g) MMG BROWN BELT MARTIAL ARTS INSTRUCTOR
  - (h) MMH BLACK BELT, FIRST DEGREE
  - (i) MMJ BLACK BELT, FIRST DEGREE, MARTIAL ARTS INSTRUCTOR
  - (j) MMK BLACK BELT, FIRST DEGREE, MARTIAL ARTS INSTRUCTOR TRAINER
  - (k) MMM BLACK BELT, SECOND DEGREE
  - (1) MMN BLACK BELT, THIRD DEGREE
  - (m) MMP BLACK BELT, FOURTH DEGREE
  - (n) MMQ BLACK BELT, FIFTH DEGREE
  - (o) MMR BLACK BELT, SIXTH DEGREE
  - (p) MMS CHIEF TRAINER OF MARTIAL ARTS INSTRUCTOR TRAINERS
- (4) All unit commanders are encouraged to maintain liaison with the Director, MCMAP with regard to MCMAP training, course feedback, and abuses or infractions of MCMAP training.
- (5) Abuse of techniques, procedures, or associated drills will be reported to the appropriate unit commander and the Director, MCMAP. Any incident of abuse using the physical

techniques or combative conditioning drills, or abuse/neglect on the part of the instructor or trainee during training may result in judicial and/or administrative action taken by the Marine's Commanding Officer.

- (a) The Commanding Officer has the authority to revoke a Martial Arts Belt Rank or instructor credentials for conduct infractions or unacceptable behavior. Conduct that results in a grade reduction will trigger a review of the Marine's belt level and reversion to the belt level commensurate with the reduced grade and commander's assessment of the Marine's ability to meet the belt standards.
- (b) At a time determined by the Commanding Officer, the Marine involved in any of the above circumstances may retest at the previously held belt level (without requirement to complete the entire belt syllabus).
- (6) Commands are encouraged to incorporate MCMAP training into their regular unit physical fitness programs. Recommend a minimum of one hour per week. MCMAP training is not especially suited to a "block" training" format (compressed time frame); it is designed to be taught over an extended period of which a weekly physical fitness program is ideal.
- (7) Commands without qualified or sufficient numbers of MAIs to conduct training may request, at the unit's expense, quotas to the MAI course, or an MTT from the MACE or one of the Schools of Infantry. It is strongly recommended that every company size unit maintain at least one MAI and that each battalion/squadron level command maintain at least one MAIT, with infantry battalions maintaining at least three MAITs, in order to properly conduct and sustain training and advancement.
- (8) Commands with qualified MAIs or MAITs will ensure that their three-year certification is current or revalidated per this Order.
- (9) Commands should consider remedial programs for Marines who fail to meet minimum training levels. Any such programs will be under the direction of a certified MAI/MAIT.
- (10) MCMAP certification is designed for Marines. Other United States and allied military personnel serving with Marines, however are authorized and strongly encouraged to participate in MCMAP. They may not be certified as MAITs.
- 9. MCMAP Billet Descriptions. MCMAP is based on the "train the trainer" concept, implemented through the Systems Approach to

Training, with common skills that are required by all Marines. The hierarchy of MCMAP:

- a. <u>Chief Trainer, MCMAP</u>. Advises the Director, MCMAP on overall development of MCMAP. Resident at the MACE and a MCMAP Subject Matter Expert (SME), the Chief Trainer is responsible for the research, development, and performance of the techniques and procedures taught in MCMAP. Trains and certifies MAITs.
- b. Martial Arts Instructor Trainer (MAIT) MOS 8552. Trains and certifies MAIs and conducts martial arts training. There is no limit to the number of MAIs each MAIT can certify; however, the MAIT to student ratio in a specific course must not exceed twelve to one. To be designated a MAIT, a Marine must meet the prerequisites for Black Belt 1st Degree and successfully complete the MAIT Course. MAIT certification is valid for three years.
- (1) To maintain currency, a MAIT must conduct a minimum of one (1) MAI certification course per calendar year (CY) or the command will void his/her MAIT qualification and void the Additional Military Occupational Specialty (AMOS) of 8552 until re-certification. However, the individual may conduct MCMAP training as a Martial Arts Instructor (MAI) up to the belt level he/she currently holds and certification to one belt level below. A current MAIT (Black Belt 1st Degree) is authorized to teach and award belts from Tan Belt through Black Belt 1st Degree. MAITs holding belts above 1st Degree may promote to one belt level below that currently held.
- (2) Re-certification includes practical examination by a current MAIT using the current re-certification standards. The re-certifying MAIT must be at least one belt rank higher than the MAIT being re-certified.
- (3) During the MAIT's third year of certification, and to ensure re-certification is documented in MCTFS, commands will enter into MCTFS the appropriate code for the MAIT (belt level dependent) upon receipt of proof that the MAIT has been recertified by a qualified MAIT and has completed all required instructor courses. This "action date" of the martial arts code will set the Marine's new three year suspense date.
- c. Martial Arts Instructor (MAI)- MOS 8551. Conducts martial arts training and is authorized to promote to one belt level below the level individually held. MAI certification or re-certification is valid for three years.
- (1) To maintain currency, a MAI must provide a minimum of 40 hours of instruction annually, or the command will void

his/her MAI qualification and void the Additional Military Occupational Specialty (AMOS) of 8551 until re-certification. A MAI whose certification has lapsed reverts to his/her current belt level without the MAI credential, loses the additional MOS, and is not authorized to award belts until re-certification. He/she may, however, assist a certified instructor in conducting martial arts training at or below the belt level held.

- (2) Re-certification includes practical examination by a current MAIT using the current re-certification standards. Additionally, the MAIT must verify that the MAI has completed the 120 aggregate hours of instruction during the three-year period.
- (3) During the MAI's third year of certification, and to ensure re-certification is documented in MCTFS, commands will enter into MCTFS the appropriate code for the MAI (belt level dependent) upon receipt of proof that the MAI has been recertified by a qualified MAIT and has completed the qualification requirements above. This "action date" of the martial arts code will set the Marine's new three year suspense date.
- d. MCMAP Student (without instructor credentials). Executes MCMAP training per unit goals and training plans. Attains and maintains possession of individual Martial Arts Training Log. Ensures currency of the logbook. Any certified Green Belt or higher may assist a MAI or MAIT, must be in the presence of a certified MAI/MAIT, and may assist in supervision and fault-checking for physical techniques.
- (1) MCMAP recognizes that several of the fighting techniques included in MCMAP are common and may be taught in other martial arts disciplines. Marines who possess a Black Belt in a MACE-approved civilian martial art are encouraged to apply their skills in MCMAP progression. Credit for previous civilian experience is applicable through the Black Belt 1st Degree level; the same credential may be applied to Black Belt 4th Degree when the Marine becomes otherwise eligible. A black belt in a civilian martial art does not indicate/confer instructional credentials.
- (2) The process for evaluating and acknowledging a Marine's civilian-held martial arts credentials is detailed below:
- (a) The Marine will submit a waiver request in standard naval letter format (fully justified, with copy of the certificate/credential) for permission to evaluate previously earned credentials to CG, TECOM.

- (b) CG, TECOM will validate the Marine's civilian martial arts credentials and authorize, in writing, the local MAI/MAIT to evaluate the Marine.
- (c) The Marine is evaluated by MAI/MAIT using the appropriate performance checklist. The MAI/MAIT will query the Marine on each technique contained in the belt level. If the Marine acknowledges his capability to perform the technique, the MAI will then indicate this on the performance checklist. The Marine is allowed to forego the specific lesson, having his/her logbook signed off as if he/she attended the lesson. If the Marine indicates no knowledge or capability to perform a specific technique, the Marine must attend the appropriate lesson. Upon completion of the requirements for the belt level, the Marine will be offered the opportunity to test. The Marine will be tested on all techniques for the belt level per the performance checklist.
- (d) Marines in the grade of Sergeant and below are required to attend the Mental and Character Discipline Tie-ins for the belt rank before being afforded the opportunity to test for the belt rank.
- (e) If the Marine acknowledges his capability to perform every technique on the performance checklist, is a SSgt or above, and is passed with a 100% on the performance test, the Marine is authorized to forego sustainment training for that belt level.
- e. <u>Subject Matter Experts (SMEs</u>). SMEs are advisors to MCMAP due to their unique knowledge in the field of martial arts. SMEs are designated by the CG, TECOM and are authorized to assist in course development, course revision, supplementary training materials, or other aspects of MCMAP, as required. SMEs may be paid or volunteers. SMEs work directly with the Director, MCMAP on a case-by-case, program specific basis.
- 10. <u>Martial Arts Courses Available</u>. All certification/re-certification of MAIs by MAITs, regardless of location, will be in strict compliance with the CG, TECOM approved Martial Arts Instructor Course POI.

#### a. Martial Arts Instructor Course

(1) Instructor certification course conducted by any command with a certified MAIT, utilizing approved course material.

- (2) Nominees must be: recommended by their reporting senior; Cpl or above; 1st class Physical Fitness Test (PFT); full duty status; shoulder injury-free in the previous two years; concussion-free within the previous six months (waiverable by a medical authority); current swim qualification; appropriate level PME complete; minimum gray belt (sustainment completed); current T/O weapon qualification; and have one year obligated service upon completion of the course. The CG, TECOM (C 46) may waive the grade requirement for exceptionally qualified Lance Corporals who possess superior leadership skill and maturity and have a black belt in an approved civilian martial art. Requests for grade waivers must be fully justified and received by the CG, TECOM (C 469 Training Programs Section), 3300 Russell Road, Quantico, VA 22134, at least 30 days before the course convening date.
- (3) All course graduates will be certified as MAIs and promoted to Green Belt. Additionally, Enlisted Marines will receive the AMOS of 8551.

#### b. Martial Arts Instructor Trainer Course

- (1) Thirty-five training day course of instruction offered at the MACE or by a MACE Mobile Training Team (MTT).
- (2) Nominees must be: recommended by their reporting senior; Sgt or above; 1st class PFT; full duty status; shoulder injury-free in the previous two years; concussion-free within the previous six months (waiverable by a medical authority); current swim qualification; appropriate level PME complete; minimum Green Belt MAI (sustainment complete); current T/O weapon qualification; and have one year obligated service upon completion of the course.
- (3) All course graduates will be certified as MAITs and promoted to Black Belt 1st Degree. Additionally, Enlisted Marines will receive the AMOS of 8552.
- 11. <u>Semper Fit</u>. Skill level progression in MCMAP, beyond what the individual Marines' unit is capable of providing, is offered at Semper Fit facilities and taught by certified MAIs and MAITs during off-duty hours. This supplements, not replaces, MCMAP unit training. Training and evaluation will be in accordance with references (d) and (f), and this order.
- 12. <u>Equipment</u>. Only equipment provided through the Marine Corps supply system is authorized for training. Waivers to use other types of equipment or equipment purchased by an individual command will be submitted per this Order.

- a. Marine Corps System Command (MARCORSYSCOM) will initial issue of Martial Arts Kits to the MEF level. Additionally, MARCORSYSCOM will provide a Martial Arts Belt for each Enlisted Marine. Replenishment and replacement of Martial Arts equipment is a local O&MMC funding responsibility.
- b. Units will fund/provide a belt, per subsequent rank, for each enlisted Marine, as they advance through the belt ranking achievement system. Belts are available through the supply system. Enlisted Marines may purchase additional belts through cash sales. Officers are required to purchase all of their belts through cash sales.
- 13. <u>Waivers</u>. Request for waivers will be in standard Naval letter format with enclosures. Waivers must be submitted to CG, TECOM (C 469 Training Programs Section), 3300 Russell Road, Quantico, VA 22134. Commands will receive written response to all waivers.
- a. Candidates for grade waivers must have the recommendation of their Reporting Senior. Included in the waiver package should be a description of the individual's unique qualifications, leadership skills, level of maturity, character, and judgment. In cases of grade waiver due to unique civilian martial arts achievements, details of the civilian black belt achieved (to include teaching and performance certificate) and/or individual accomplishments (tournament, etc.) should be included.
- b. Waivers to use alternate types of training equipment, other than fielded through the USMC supply system, require a CG, TECOM waiver. Waiver requests must contain the manufacturer, a complete description of the item, and a photograph.
- 14. Reserve Applicability. This order is applicable to the Marine Corps Reserve.

15. Certification. Reviewed and approved this date.

EDWARD HANLON, JR. By direction

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# Performance Evaluations and Promotions in the Belt Ranking Achievement System

#### Table of Contents

Bel	t Rank Achievement Level	Pages
1.	Tan Belt	2
2.	Gray Belt	5
3.	Green Belt	8
4.	Brown Belt	10
5.	Black Belt First Degree	12
6.	Black Belt Second Degree	15

## TAN BELT PERFORMANCE TEST

NAI	ME	RANK	SSN		DATE
Phy	ysica	al Discipline			
a.	Func	damentals			
	1.	Execute the basic warrior stance	Pass	Fail	Remediate
	2.	Execute angles of movement			Remediate
b.	Pun	ches			
	1.	Execute a lead hand punch	Pass	Fail	Remediate
	2.	Execute a rear hand punch	Pass	Fail	Remediate
	3.	Execute an uppercut			Remediate
	4.	Execute a hook			Remediate
c.	Fal	ls			
		Execute a front break-fall	Pass	Fail	Remediate
		Execute a back break-fall			Remediate
		Execute a right side break-fall	Pass	Fail	Remediate
	4.	Execute a left side break-fall			Remediate
	5.	Execute a forward shoulder roll	Pass	Fail	Remediate
d.		onet Techniques			
		Execute a straight thrust			Remediate
	2.	Execute vertical buttstroke			Remediate
	3.	Execute horizontal buttstroke			Remediate
		Execute a smash			Remediate
		Execute a slash			Remediate
	6.	Execute a parry	Pass	Fail	Remediate
e.		il Sticks			
	1.	Participate in a pugil stick bout	Pass	Fail	Remediate
f.		er Body Strikes			
		Execute an eye gouge	Pass	Fail	Remediate
		Execute horizontal hammerfist strike	Pass	Fail	Remediate
	3.	Execute vertical hammerfist			
	1	strike Execute forward horizontal elbow	Pass	Fail	Remediate
	4.	strike	Pass	_ Fail	Remediate
	5.	Execute vertical elbow strike low to high	Pass	_ Fail	Remediate
g.	Low	er Body Strikes			
-	1.	Execute a front kick	Pass_	Fail_	Remediate
	2.	Execute a round kick			Remediate
	3.	Execute a vertical knee strike			Remediate
	4	Execute a vertical stomp			Pemediate

h.	Chokes			
	1. Execute a rear choke to the			
	rear choke			Remediate
	2. Execute a figure-4 variation	Pass	Fail	Remediate
i.	Throws			
	1. Execute a leg sweep	Pass	Fail	Remediate
i.	Counters to Strikes			
•	1. Execute counter to a rear hand			
	punch	Pass	Fail	Remediate
	2. Execute counter to a rear leg			
	kick	Pass	Fail	Remediate
k.	Counter to Chokes and Holds			
	1. Execute a counter to rear			
	choke	Pass	Fail	Remediate
	2. Execute a counter to rear			
	headlock	Pass	Fail	Remediate
	3. Execute a counter to rear bearhug	Dagg	Fail	Remediate
	Dearing	rass	raii	Kemediace
1.	Unarmed Restraints			
	1. Execute a basic wrist-lock			
	takedown			Remediate
	2. Execute a reverse wrist-lock			Remediate
	3. Execute an armbar takedown	Pass	Fail	Remediate
m.	Armed Manipulations			
	1. Execute a counter to the muzzle			
	grab	Pass	Fail	Remediate
	2. Execute a counter to the overhand			
	grab	Pass	Fail	Remediate
	3. Execute a counter to the underhand			
	grab			Remediate
	4. Execute a high block			Remediate
	5. Execute a low block			Remediate
	6. Execute a mid block			Remediate
	7. Execute a left block			Remediate
	8. Execute a right block	Pass	rall	Remediate
n.	Knife Techniques			
	1. Execute a vertical slash	Pass	Fail	Remediate
	2. Execute a vertical thrust	Pass	Fail	Remediate
_	Washing of Opposituality			
٥.	Weapons of Opportunity 1. Execute a straight thrust	Dagg	<b>Fail</b>	Pemediate
	2. Execute block to a straight thrust			
	2. Execute Diock to a straight thrust	- abb	r. a T T	Vementare

In order to obtain belt the student must score 70%; student can fail no more than 15 techniques. If a student fails testing, he must wait a minimum of a day to retest.

		Pass	Fail	Percentage	_	
Instructor	Name (printe	ed)			Date	
Instructor	Signature _					

## GRAY BELT PERFORMANCE TEST

NAI	ΛΕ	RANK	SSN		DATE					
_										
Sus	Sustainment from Previous Rank (Tan Belt)									
		Technique #1								
		Technique #2								
		Technique #3								
		Technique #4								
	5.	Technique #5	_Pass	Fail	Remediate					
*Sı	ısta	inment- Student must pass all five to Pass Fa		s in order	to continue.					
Ιf	a s	tudent fails testing, he must wait a		of a day	to retest.					
		<u>.</u>		-						
Phy	/sica	al Discipline								
a.	Int	ro to Bayonet Trainer (Blunt Bayone	t Trainer	)						
	1.	Disrupt while closing w/opponent	Pass	Fail	Remediate					
		Thrust while closing w/opponent								
		5 11								
b.	Uppe	er Strikes								
	1.	Execute an inside knifehand strike	Pass	Fail	Remediate					
		Execute an outside knifehand								
		strike	Pass	Fail	Remediate					
	3.	Execute a vertical knifehand								
		strike	Pass	Fail	Remediate					
	4.	Execute a chin jab strike			Remediate					
		Execute horizontal rear elbow			<del></del>					
		strike	Pass	Fail	Remediate					
	6.	Execute a vertical elbow								
		strike high to low	Pass	Fail	Remediate					
		201100 332 34 20								
c.	Low	er Body Strikes								
		Execute a side kick	Pass	Fail	Remediate					
		Execute a horizontal knee strike			Remediate					
		Execute an axe stomp			Remediate					
d.	Exe	cute Front Choke								
	1.	Locate the carotid artery	Pass	Fail	Remediate					
		Execute a front choke			Remediate					
		Incourt a front onone	- 455		10111041400					
e.	Hir	Throw								
		Execute a hip throw	Pass	Fail	Remediate					
					<del>-</del>					
f.	Coı	inters to Strikes								
-•	1.									
	-•	hand punch	Pass	Fail	Remediate					
	2	Execute a counter to a lead leg		- <del></del>						
		kick	Pass	Fail	Remediate					

#### g. Counters to Chokes & Holds 1. Execute a counter to the front Pass Fail Remediate 2. Execute a counter to the front headlock Pass\_\_\_\_ Fail\_\_\_ Remediate\_\_\_\_ 3. Execute a counter to the front Pass Fail Remediate bearhug h. Unarmed Restraints 1. Execute the basic wristlock Pass\_\_\_\_ Fail\_\_\_ Remediate\_ come-along Pass\_\_\_\_ Fail\_\_\_ Remediate\_\_\_\_ 2. Execute the escort position i. Armed Manipulations 1. Execute off-balancing while stationery opponent is pushing Pass Fail Remediate 2. Execute off-balancing while stationery opponent is pulling Pass\_\_\_\_ Fail\_\_\_ Remediate\_\_\_\_ 3. Execute off-balancing while opponent is pulling and moving Pass\_\_\_\_ Fail\_\_\_ Remediate\_\_\_\_ 4. Execute inside strike buttstroke Pass\_\_\_\_ Fail\_\_\_ Remediate\_\_ 5. Execute outside strike buttstroke Pass\_\_\_\_ Fail\_\_\_ Remediate\_\_\_ j. Knife Techniques 1. Execute a forward thrust Pass\_\_\_\_ Fail\_\_\_ Remediate\_\_\_\_ 2. Execute a forward slash Pass\_\_\_\_ Fail\_\_\_ Remediate\_\_\_\_ Pass\_\_\_\_ Fail\_\_\_ Remediate\_\_\_\_ 3. Execute a reverse thrust Pass\_\_\_\_ Fail\_\_\_ Remediate\_\_ 4. Execute a reverse slash 5. Execute movement against Pass\_\_\_\_ Fail\_\_\_ Remediate\_\_ an opponent k. Weapons of Opportunity Pass\_\_\_\_ Fail\_\_\_ Remediate\_\_ 1. Execute a vertical strike 2. Execute a forward strike Pass\_\_\_\_ Fail\_\_\_ Remediate\_\_ 3. Execute a reverse strike Pass\_\_\_\_ Fail\_\_\_ Remediate\_\_ 1. Ground Fighting 1. Execute an armbar from the mount Pass\_\_\_\_ Fail\_\_\_ Remediate\_\_ 2. Execute an armbar from the guard Pass\_\_\_\_ Fail\_\_\_ Remediate\_\_\_\_ m. Nonlethal Baton 1. Execute one-handed forward strike Pass\_\_\_\_ Fail\_\_\_ Remediate\_\_ 2. Execute one-handed reverse strike Pass\_\_\_\_ Fail\_\_\_ Remediate\_\_\_\_ 3. Execute right block Pass\_\_\_\_ Fail\_\_\_ Remediate\_\_\_\_ 4. Execute left block Pass\_\_\_\_ Fail\_\_\_ Remediate\_\_\_\_ 5. Execute mid block Pass\_\_\_\_ Fail\_\_\_ Remediate\_\_\_\_ 6. Execute the strong side armlock Pass\_\_\_\_ Fail\_\_\_ Remediate\_\_\_\_

In order to obtain belt the student must score 70%; student can fail no more than 13 techniques. If a student fails testing, he must wait a minimum of a day to retest.

		Pass	Fail	Percentage	_
Instructor	Name (printe	ed)			Date
Instructor	Signature				

## GREEN BELT PERFORMANCE TEST

NAI	ME		RANK			SSN		DATE	
Sus	stainment from	Previous	Ranks	(1-5 I	an;	6-10 Gra	ay)		
	1. Technique						_	Remediate	
	2. Technique							Remediate	
	3. Technique							Remediate	
	4. Technique							Remediate	
	5. Technique							_ Remediate	
	6. Technique							_ Remediate	
	7. Technique	#7				Pass	_ Fail	Remediate	_
	8. Technique	#8				Pass	_ Fail	_ Remediate	_
	9. Technique							_ Remediate	
	10. Technique	#10				Pass	_ Fail	_ Remediate	_
	ustainment- Stu a student fail		P	ass	_ Fai	1			inue
	ysical Discipli		, 110 111	abe wa	iic a	militiman	n or a aaj	, to ittest.	
PII	ysicai Discipii	ine							
_	Parramat (Plum	t Barranat	The sine	· · · · ·					
a.		disrupt v			~				
		ving oppor		TOPTII	_	Dagg	Fail	Remediate	
	2. Execute a			loging		rass	_ Fall	_ Remediace	_
		ving oppor		LUSTIIG		Dagg	Fail	Remediate	
	3. Execute a			line		- ubb	4		_
		ationery o				Pass	_ Fail	Remediate	_
		-							
b.	Muscular Gougi			_					
	1. Identify f		t area	s ior		Dagg	End 1	Domodiata	
	muscular g		r aoua	ina				_ Remediate _ Remediate	
	Z. Demonstrat	le muscula	r goug	1119		rass	_ Fall	_ Remediate	_
c.	Side Choke								
	1. Identify v		hen a	side					
	choke is u							_ Remediate	
	2. Execute a	side chok	e			Pass	_ Fail	_ Remediate	_
d.	Shoulder Throw	NT							
	1. Execute a		throw			Pass	Fail	Remediate	_
e.	Counters to St				1-	<b>.</b>	m- 41	D 44 - 4 -	
								_ Remediate	
	2. Execute a	counter t	o a ro	una pu	ıncn	Pass	_ rall	_ Remediate	_
f.	Unarmed Manipu								
	1. Execute er	ıhanced pa	in com	plianc	ce	Pass	_ Fail	_ Remediate	_
	2. Execute a	reverse w	rist-l	ock					
	come-along	-						_ Remediate	
	3. Execute co	ontrolling	techn	iques		Pass	_ Fail	_ Remediate	_

g.	Knif	e Techniques			
	1.	Execute block for a vertical			
		strike w/follow-on techniques	Pass	Fail	Remediate
	2.	Execute block for a forward			
		strike w/follow-on techniques	Pass	Fail	Remediate
h.	Non]	lethal Baton Techniques			
		Execute a two-handed forward			
		strike	Pass	Fail	Remediate
	2.	Execute a two-handed reverse			<del></del>
		strike	Pass	Fail	Remediate
	3.	Execute a rear jab			Remediate
	4.	Execute a high block			Remediate
	5.	Execute a low block	Pass	Fail	Remediate
i.	_	ons of Opportunity			
		Execute block for a vertical			
		strike			Remediate
		Execute block for a forward strike			
	3.	Execute block for a reverse strike	Pass	Fail	Remediate
j.	Grou	and Fighting			
-		Execute the counter to the mount	Pass	Fail	Remediate
		Execute the counter to the guard			
_	_		=00		6 13
		er to obtain belt the student must a			
		even techniques. If a student fails	s testing,	, ne must	wait a minimum or
<b>a</b> (	aay (	Tetest.			
		Pass Fail l	Percentage	e	
Tne	:+ <b>~</b> ::	ctor Name (printed)		Dato	
T112	oci ul	cor name (princed)		Date	
Ins	struc	ctor Signature	I	Date	

## BROWN BELT PERFORMANCE TEST

NA	ME		_ RANK_			SSN_		DATE	
Su	stainment fr	om Previous	Ranks	(1-5	Tan;	6-10	Gray; 11-15	Green)	
	1. Technic							_ Remediate	
	2. Technic							Remediate	
	3. Technic							Remediate	
	4. Technic							Remediate	
	5. Technic							Remediate	
	6. Techniq							Remediate	
	7. Technic							Remediate	
	8. Technic							Remediate	
	9. Technic					Pass	Fail	Remediate	
	_							Remediate	
								Remediate	
								Remediate	
								Remediate	
								Remediate	
								Remediate	
	a student f ysical Disci			<b>Pass</b> nust w			- .mum of a day	y to retest.	
a.	Bayonet Tra 1. Execute 2. Execute	bayonet te	chnique	es 1-0	n-2		Fail	_ Remediate	
	2. Execute 2-on-1	team Dayon	iet teci.	mique	:5	Pagg	₽ail	Remediate	
	3. Execute	team havor	at tach	niana		rass_	raii	_ Remediace	
	2-on-2	ceam Dayon	iec ceci.	mique	.5	Pass_	Fail	_ Remediate	
b.	Ground Figh	ting							
	1. Execute		nbar fro	m sid	le				
	mount					Pass	Fail	_ Remediate	
	2. Execute	a basic le	eglock					Remediate	
_	Ground Chok								
٠.		e <b>s</b> a front ch	noke			Pagg	₽ail	_ Remediate	
		a rear cho						_ Remediate	
	3. Execute							_ Remediate	
	4. Execute			ion				Remediate	
d.	Major Outsi								
	1. Execute	a major ou	ıtside r	reap t	hrow	Pass_	Fail	_ Remediate	
e.	Unarmed vs.	Hand Held	Weapons	<b>.</b>					
		rate hollow							
		llow-on tec	_			Pass	Fail	_ Remediate	
	2. Execute							Remediate	
	1100000					·			

	3.	Execute a forward armbar counter	Pass	Fail	Remediate
	4.	Execute a reverse armbar counter			Remediate
f.		earm Retention			
		Execute the blocking technique			Remediate
		Execute an armbar technique			Remediate
	3.	Execute a wrist-lock technique	Pass	Fail	Remediate
α.	Fire	earm Disarmament			
9•		Execute counter to pistol from			
	Τ.	the front	Pagg	Fail	Remediate
	2	Execute counter to pistol from	1 455	1411	nomediaco
	۷,	the rear	Pass	Fail	Remediate
			- 455		
h.	Knif	fe Techniques			
	1.	Execute block for a reverse			
		strike with follow-on techniques	Pass	Fail	Remediate
	2.	Execute block for a straight			
		thrust with follow-on techniques	Pass	Fail	Remediate
i.	Non-	-Lethal Baton			
	1.	Execute a counter to the middle			
		grab			Remediate
		Execute a counter to the end grab	Pass	Fail	Remediate
	3.	Execute a modified baton carry	Pass	Fail	Remediate
	4.	Execute block for a vertical			
		strike with follow-on techniques	Pass	Fail	Remediate
	5.	Execute block for a forward strike			
		with follow-on techniques	Pass	Fail	Remediate
	6.	Execute block for a reverse strike			
		with follow-on techniques	Pass	Fail	Remediate
	7.	Execute block for a linear attack			
		with follow-on techniques	Pass	Fail	Remediate
т		er to obtain belt the student must a	700		f-:1
		ight techniques. If a student must i			
		to retest.	s testing	, He must	wait a millimum or
a (	lay (	to retest.			
		PassFailI	Percentag	e	
			<del> </del>		
Ins	struc	ctor Name (printed)		Date	
Ins	struc	ctor Signature			

## BLACK BELT 1ST DEGREE PERFORMANCE TEST

NAME	RANK	SSN		DATE
Sustainment from Previous Brown)	Ranks (1-5 Tan,	6-10 Gray	y, 11-15 (	Green, 16-20
1. Technique #1		Pass	Fail	Remediate
6. Technique #6				Remediate
7. Technique #7				Remediate
8. Technique #8	<del></del>			
12. Technique #12		_Pass	Fail	Remediate
13. Technique #13		_Pass	Fail	Remediate
14. Technique #14		_Pass	Fail	Remediate
15. Technique #15				
16. Technique #16				
17. Technique #17				
18. Technique #18				
				Remediate
<del>-</del>				
*Sustainment- Student can continue.	miss only two to		(90%) in	order to
If a student fails testing  Physical Discipline			of a day	to retest.
a. Bayonet Techniques  1. Execute bayonet techniques low light environment 2. Execute bayonet techniques vs. multiple attack	ent 1-on-1 chniques	Pass	Fail	Remediate
light environment		Pass	Fail	Remediate
<ul><li>b. Sweeping Hip Throw</li><li>1. Execute a sweeping</li></ul>	hip throw	Pass	Fail	Remediate
c. Face Rip from the Guard 1. Execute a face rip		Pass	Fail	Remediate
d. Neck Crank Takedown  1. Execute a neck crar	ık takedown	Pass	Fail	Remediate
e. Triangle Choke From the 1. Execute a triangle			Fail	Remediate
ENCLOSURE (1)				

12

f.		ing Knee-bar Execute a rolling knee-bar	Pagg	<b>P</b> ail	Remediate
	Τ.	Execute a forfing knee-bar	rass	Fall	Remediate
g.	Stra	aight Armbar from a Scarf Hold			
	1.	Execute a straight armbar from			
		a scarf hold	Pass	Fail	Remediate
h.	Bent	: Armbar from a Scarf Hold			
		Execute a bent armbar from a			
		scarf hold	Pass	Fail	Remediate
	<b>a</b>	the Dietal to the Word			
1.		Execute counter to the pistol to			
	Τ.	the head	Pass	Fail	Remediate
j٠		king Techniques			
		Execute a cupped hand strike Execute a face smash			Remediate
	۷.	Execute a face smash	rass	Fall	Remediate
k.	Knif	e Techniques			
	1.	Execute a lead hand vertical			
	0	slash	Pass	Fail	Remediate
	2.	Execute a lead hand vertical thrust	Dagg	Fail	Remediate
	3.	Execute a lead hand forward	1 455		Remediace
		thrust	Pass	Fail	Remediate
		Execute a lead hand reverse			
		thrust	Pass	Fail	Remediate
		Execute a lead hand forward slash Execute a lead hand reverse slash	Pass	Fail	Remediate
		Execute a reverse grip forward	1 455		
		slash	Pass	Fail	Remediate
	8.	Execute a reverse grip reverse	<b>D</b>	m-21	D
	9	slash Execute a reverse grip forward	Pass	Fall	Remediate
	٠.	thrust	Pass	Fail	Remediate
	10.	Execute a reverse grip reverse			
		thrust	Pass	Fail	Remediate
	11.	Execute movement against an	Dagg	<b>v</b> ail	Remediate
		opponent	rass	raii	Kemediace
1.	Anat	comy			
	1.	Demonstrate five pressure points	_		
	2.	on the head Demonstrate five pressure points	Pass	Fail	Remediate
		on the neck	Pass	Fail	Remediate
	3.	Demonstrate five pressure points			
		on the arm	Pass	Fail	Remediate
	4.	Demonstrate five pressure points	Dagg	Pail	Remediate
	5.	on the leg Demonstrate five pressure points	rass	rall	кешестате
	٠.	on the foot	Pass	Fail	Remediate
	6.	Demonstrate five pressure points			
		on the hand	Pass	Fail	Remediate

m.	Impr	covised Weapons					
	1.	Execute garrote from the front	Pass	Fail	Remediate		
	2.	Execute garrote from the rear	Pass	Fail	Remediate		
	3.	Construct a club	Pass	Fail	Remediate		
	4.	Identify points on the body to					
		attack with a club	Pass	Fail	Remediate		
tha	n ni	er to obtain belt the student must sine techniques. If a student fails to retest.					
		Pass Fail 1	Percentage	e			
Ins	truc	ctor Trainer Name (printed)		1	Date		
Ins	truc	ctor Trainer Signature					

## BLACK BELT 2ND DEGREE PERFORMANCE TEST

NAME			_ RANK		SSN		DATE					
Exe	cut	e the	MCI	ΊΑΡ	Eng	gagemen	nt	Pattern				
a.		le ver			_							
		Slash	_	-						Remedia		
								Pass				
								Pass				
		_						Pass				
	5.	Tie-u	p Bu	ttst	roke	<b>!</b>		Pass	Fail	Remedia	te	-
b.	Short Weapon versus Rifle											
	1.	Disru	ot-I	nsid	e			Pass	Fail	Remedia	te	_
	2.	Disru	pt-01	utsi	de			Pass	Fail	Remedia	te	-
c.	Empty Hand versus Rifle											
	1.	Entry-	-Ins	ide				Pass	Fail	Remedia	te	_
	2.	Entry-	-Out:	side				Pass	Fail	Remedia	te	-
thai	ı tw	o steps	s in	the	Eng		P	attern. I				.1 no more
					Pa	.ss	Fa	il Per	centage_			
Inst	ruc	tor Tra	aine	r Na	me (	printed	1)			Da	te	
Inst	ruc	tor Tra	aine	r Si	gnat	ure						

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Guidelines for the Completion of an Elements of Martial Culture
Analysis

- 1. <u>General</u>. Promotion to Black Belt Second Degree in MCMAP includes completing an Elements of Martial Culture Analysis (EMCA).
- 2. <u>Guidelines for construction of an EMCA</u>. The EMCA will provide an in-depth assessment on one aspect or element of a Martial Culture, i.e., training, tactics, customs, or traditions. The purpose of the analysis is to demonstrate the student's grasp of key concepts and applications of Martial Culture Studies and how they compare and contrast with the Marine Corps' specific culture.
- a. The EMCA is considered a highly technical/literary paper suitable for publishing and/or Professional Military Education (PME) applications. Accordingly, it should be well organized and written, providing a thorough analysis clear of grammatical and spelling errors.
- b. The paper will be 8-10 typed pages, double-spaced, with endnotes or footnotes.
  - c. Outline of an EMCA. The EMCA will consist of:
- (1) Executive Summary. This statement will summarize the main themes of the EMCA.
- (2) <u>Introduction</u>. This portion should introduce the element analyzed, explain why it was selected, and present interesting aspects of the element and its applicability to martial culture.
- (3) <u>Background</u>. This portion should provide a historical setting on the unit or culture analyzed.
- (4) <u>Analysis</u>. The body of the EMCA. Analysis will include strengths and weaknesses, stand-alone specifics, if applicable, and past and present examples of martial culture within the framework of the element analyzed.
- (5) <u>Discussions and Recommendations</u>. This portion should present key issues and tie them into the performance of

MCO 1500.54A 16 Dec 02

the culture/group in training and preparation for combat and compare/contrast it with the Marine Corps culture as a whole and martial cultures in specific.

- (6)  $\underline{\text{Conclusion}}$ . This portion should provide a concise conclusion to the paper.
- (7) <u>Reference List</u>. This listing should include all of academic and other sources cited in the EMCA.

### Unit Letterhead

IN REPLY REFER TO: 1500.54 3 X XXX XX

From: Rank, Last Name, First Name, MI, SSN/MOS USMC

To: Director, Marine Corps Martial Arts Program (MCMAP),

Martial Arts Center of Excellence

Via: Immediate Commanding Officer (Bn/Sqd or higher)

Subj: APPLICATION FOR ADVANCEMENT TO BLACK BELT SECOND DEGREE

IN THE MARINE CORPS MARTIAL ARTS PROGRAM

Ref: (a) MCO 1500.54A

Encl: (1) Elements of Martial Culture Analysis

- 1. Per the reference, I request consideration for promotion to the grade of Black Belt Second Degree in the Marine Corps Martial Arts Program.
- 2. "Paragraph 2 is certification from the MAI or MAIT attesting that SNM has completed the physical requirements for the Black Belt Second Degree Rank. This paragraph must include the name, rank and SSN of the MAI or MAIT making the testament, and his/her unit if different than the unit of the Marine seeking promotion."
- 3. Enclosure (1) is submitted as required by MCO 1500.54A.
- 4. Full length photograph, per reference (g), is provided below.

Height \_XX"\_ Weight \_XXX lbs\_ Date of Photograph \_XXXXXX\_
% Body Fat \_NA\_
Latest PFT Score \_XXX\_ Class XXX Class\_ Date \_XXXXXX\_
Pull-Ups \_XX\_ Crunches \_XXX\_ Run \_XX:XX\_

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ENCLOSURE (2)

Guidelines for the Completion of a Unit Training Integration
Plan

- 1. <u>General</u>. Promotion to Black Belt Third Degree in MCMAP requires completing a Unit Training Integration Plan (UTIP).
- 2. <u>Guidelines for construction of a UTIP</u>. The UTIP is considered a highly technical/professional document. Accordingly, it should be well organized and written, providing a workable training plan, clear of grammatical and spelling errors.
- 3. <u>Content</u>. The UTIP will provide a complete plan for integrating MCMAP into the unit's basic daily, weekly, and monthly routine. The purpose is to demonstrate the student's grasp of key concepts and applications and how MCMAP can be integrated into a unit's training plan.
- a. The paper will be 8-10 typed pages, double-spaced, with endnotes or footnotes. Enclosures are acceptable, to include graphics and charts, as applicable.
- b. The UTIP must present sufficient evidence of integrating MCMAP with the unit's Mission Essential Tasks List (METL). The UTIP should be written in a readable and engaging manner.
  - c. Outline of a UTIP. A UTIP will consist of:
- (1) Executive Summary. This statement will summarize the main themes of the plan, to include: unit mission, goals, and objectives. A copy of the unit Commander's Intent should be included if available.
- (2) <u>Introduction</u>. This portion should provide information about the unit where training is to take place, to include why it was selected and the present status of MCMAP within the unit.
- (3) <u>Background</u>. This portion should provide a technical background on the unit, to include its mission and METLs.
- (4)  $\underline{\text{Plan}}$ . The body of the UTIP. The plan should lay out in detail how MCMAP training will be integrated into a unit's training plan over an extended period (six month

MCO 1500.54A 16 Dec 02

minimum). If the UTIP is theoretical in nature (has not been implemented), then the results can be omitted.

- (5) <u>Discussion and Recommendation</u>. This portion should synopsize key issues and problems/solutions to integration. The recommendations can be both unit and/or Marine Corps-specific in nature. A presentation strategy to obtain the Commanding Officer's approval should be included.
- (6) <u>Reference List</u>. This list should include all of the academic and other sources cited in the UTIP.

### Unit Letterhead

IN REPLY REFER TO: 1500.54 3 X XXX XX

From: Rank, Last Name, First Name, MI, SSN/MOS USMC

To: Director, Marine Corps Martial Arts Program (MCMAP),

Martial Arts Center of Excellence

Via: Immediate Commanding Officer (Bn/Sqd or higher)

Subj: APPLICATION FOR ADVANCEMENT TO BLACK BELT THIRD DEGREE

IN THE MARINE CORPS MARTIAL ARTS PROGRAM

Ref: (a) MCO 1500.54A

Encl: (1) Unit Training Integration Plan

- 1. Per the reference, I request consideration for promotion to the grade of Black Belt Third Degree in the Marine Corps Martial Arts Program.
- 2. "Paragraph 2 is certification from the MAI or MAIT attesting that SNM has completed the physical requirements for the Black Belt Third Degree Rank, if SNM is a MAI or MAIT. This paragraph must include the name, rank, and SSN of the MAI or MAIT making the testament, and his/her unit if different than the unit of the Marine seeking promotion."
- 3. Enclosure (1) is submitted as required by MCO 1500.54A.
- 4. Full length photograph, per reference (g), is provided below.

Height \_XX"\_ Weight \_XXX lbs\_ Date of Photograph \_XXXXXX\_
% Body Fat \_NA\_
Latest PFT Score \_XXX\_ Class \_XXX Class\_ Date \_XXXXXX\_
Pull-Ups \_XX\_ Crunches \_XXX\_ Run \_XX:XX\_

X. X. XXXXX

ENCLOSURE (3)

## Example Request for Promotion to Black Belt Fourth Degree

#### Unit Letterhead

IN REPLY REFER TO: 1500.54 4 X XXX XX

From: Rank, Last Name, First Name, MI, SSN/MOS USMC

To: Director, Marine Corps Martial Arts Program (MCMAP),

Martial Arts Center of Excellence

Via: Immediate Commanding Officer (Bn/Sqd or higher)

Subj: APPLICATION FOR ADVANCEMENT TO BLACK BELT FOURTH DEGREE IN THE MARINE CORPS MARTIAL ARTS PROGRAM

Ref: (a) MCO 1500.54A

Encl: (1) Certified True Copy of Certificate of Achievement of Black Belt 1st Degree in Civilian Martial Art

(2) Letters of Recommendation (optional)

- 1. Per the reference, I request consideration for promotion to the grade of Black Belt Fourth Degree in the Marine Corps Martial Arts Program.
- 2. "Paragraph 2 is a narrative of individual accomplishments, to include training and experience in MCMAP. This paragraph should address personal impact on unit training, mentoring, and benefits to the command from your presence and efforts."
- 3. Enclosures (1) and (2) are submitted as required by MCO 1500.54A.
- 4. Full length photograph, per reference (g), is provided below.

Height \_XX"\_ Weight \_XXX lbs\_ Date of Photograph \_XXXXXX\_
% Body Fat \_NA\_
Latest PFT Score \_XXX\_ Class \_XXX Class\_ Date \_XXXXXX\_
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ENCLOSURE (4)

# Example Request for Promotion to Black Belt Fifth or Sixth Degree

### Unit Letterhead

IN REPLY REFER TO: 1500.54 5/6 X XXX XX

From: Rank, Last Name, First Name, MI, SSN/MOS USMC

To: Director, Marine Corps Martial Arts Program (MCMAP),

Martial Arts Center of Excellence

Via: Immediate Commanding Officer (Bn/Sqd or higher)

Subj: APPLICATION FOR ADVANCEMENT TO BLACK BELT FIFTH OR SIXTH

DEGREE IN THE MARINE CORPS MARTIAL ARTS PROGRAM

Ref: (a) MCO 1500.54A

Encl: (1) Letters of Recommendation

(2) Other material as appropriate

- 1. Per the reference, I request consideration for promotion to the grade of Black Belt (Fifth/Sixth) Degree in the Marine Corps Martial Arts Program.
- 2. "Paragraph 2 is a narrative of individual accomplishments, to include training and experience in MCMAP. This paragraph should address personal impact on unit training, mentoring, and benefits to the command from your presence and efforts."
- 3. Enclosures (1) and (2) are submitted as required by MCO 1500.54A.
- 4. Full length photograph, per reference (g), is provided below.

Height \_XX"\_ Weight \_XXX lbs\_ Date of Photograph \_XXXXXX\_
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ENCLOSURE (5)

# **INSTRUCTOR'S COURSE RECORD (1500)** REPORT CONTROL SYMBOL:

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REFRESHER				UMBER ASSED:					MMH - BLACK BELT 1ST DEGREE  MMJ - BLACK BELT, 1ST DEGREE MARTIAL ARTS INSTRUCTOR  MMK - BLACK BELT, 1ST DEGREE MARTIAL ARTS INSTRUCTOR										
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### NAVMC 11432 (11-01) (EF) (PAGE 2)

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